

Name: _____

Adventist Youth Class

Voyager Activity Diary

Trial Version

Please give us feedback

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Voyager Activity Diary

Personal Growth

Requirements: Do Sections I, II and III for the standard class requirements (Voyager).
Do Sections I, II and III for the advanced class requirements (Frontier Voyager).

I. Involvement (Required)

A. Be age 14 OR in grade 9, or its equivalent

Date of Birth _____

School Name _____ Grade _____

Teacher's Name _____

B. Be an active member of the AY Society OR Pathfinder Club

Organisation Name _____

Leader's Name _____

II. Commitment (Required)

A. Repeat from memory the AY Aim, Motto and Pledge.

AY Aim - "The Advent message to all the world in this generation."

AY Motto - "The love of Christ constraineth us."

AY Pledge - "Loving the Lord Jesus, I promise to take an active part in work of the Adventist Youth Ministries doing what I can to help others and to finish the work of the gospel in all the world."

B. Illustrate the meaning of the Aim by doing one of the following:

Art Project

Musical Discussion

Role Playing

Panel Discussion

Written Composition

Skit

Report: _____



III. Growth (Required)

A. Earn the Voyager Reading Certificate OR the Senior Reading Certificate. (The Senior Certificate and the Voyager Reading Certificate Requirements are very similar. For simplicity, the Voyager Certificate requirements are listed here.)

1. Select and read at least 50 pages from one of the following:

- Ellen White, Life Sketches
- Christian Experience and Teachings of Ellen G. White
- Ellen White, the Human Interest Story

Book: _____ Pages: _____

2. Read a biography (book or article) on an early SDA church leader other than Ellen White.

Report: _____

3. Read a book (or booklet of not less than 30 pages) on vegetarianism versus a meat diet.

Report: _____

4. Read a book on one of the following: missions, nature, science, or Christian leadership skills.

Report: _____

5. Read Weeks 1 - 26 in the Weekly Bible Reading Guide (senior level).

Week 1

WHO AM I?

- ___ Psalm 139:13-16
- ___ John 14:12-31
- ___ John 15:1-17
- ___ Song of Solomon 7
- ___ Deut. 32:9
- ___ Jeremiah 2:21
- ___ Psalm 18:33-36
- ___ Psalm 62:1,2

Week 2

WHAT ABOUT ME?

- ___ Colossians. 2:8-23
- ___ 1 Cor. 1:20-31
- ___ Jeremiah 9:23,24
- ___ Philippians 3:1-6
- ___ Romans 7:21-25
- ___ Luke 2:52
- ___ 1 Thess. 5:16-18

Week 3

BEING IN CHARGE

- ___ Proverbs 16:7
- ___ Galatians 5:23
- ___ Revelation 1-5
- ___ Song of Solomon 8:7
- ___ Romans 12:1
- ___ 2 Peter 1:5-8
- ___ Psalm 28:7

Week 4

TRY AGAIN

- ___ Zechariah 4:6
- ___ Isaiah 40:12-13
- ___ Haggai 2:5
- ___ 1 Samuel 17:47
- ___ James 1:13-15
- ___ 1 Samuel 16:7
- ___ 1 Peter 1:13-14

Week 5

I FEEL LOUSY

- ___ Psalm 42:6
- ___ Isaiah 26:3
- ___ Psalm 55:22
- ___ Psalm 46
- ___ Matthew 6:25-34
- ___ Psalm 22:25
- ___ John 14:27

Week 11

SIN

- ___ Romans 3
- ___ Romans 6
- ___ Psalm 25
- ___ Isaiah 43-44
- ___ Isaiah 1
- ___ Isaiah 43
- ___ Micah 7
- ___ Romans 3:10-18
- ___ Isaiah 42-44

Week 16

JOY

- ___ Isaiah 9:2-10:19
- ___ Isaiah 49
- ___ Psalm 28
- ___ Hebrews 3:17-19
- ___ Nehemiah 8:10
- ___ Job 6:10
- ___ John 15:11

Week 22

THINKING ABOUT GOD

- ___ Psalm 103
- ___ Lamentations 3
- ___ Job 40-42
- ___ Matthew 10:29-31
- ___ Psalm 111:4
- ___ Psalm 103:13
- ___ 1 Timothy 4:7

Week 6

COURAGE

- ___ 2 Corinthians 12:1-10
- ___ Romans 8:38,39
- ___ Acts 28:15
- ___ 1 Peter 2:21
- ___ Colossians 3:1-3
- ___ Galatians 5:17
- ___ Matthew 13:21,22

Week 7

BEING ALONE

- ___ Joshua 1:1-9
- ___ Joshua 21
- ___ Zephaniah 3:14-20
- ___ Psalm 111
- ___ Luke 12:22,23
- ___ Psalm 46:11
- ___ Psalm 131:2

Week 8

BEING AFRAID

- ___ Matthew 14:3-33
- ___ Psalm 81
- ___ Isaiah 26:1-15
- ___ Isaiah 30:1-18
- ___ Isaiah 32
- ___ Matthew 11:28
- ___ Joshua 1:9

Week 9

REBELLION

- ___ Psalm 141
- ___ Psalm 130
- ___ Proverbs 12
- ___ Proverbs 15
- ___ Matthew 18
- ___ Ephesians 5:15,16
- ___ Galatians 5:13-14

Week 10

STANDARDS

- ___ Romans 13
- ___ 1 Timothy 6
- ___ Matthew 5:13-20
- ___ Philippians 4
- ___ Jeremiah 1
- ___ Jeremiah 29:11
- ___ Luke 12:15

Week 12

CHARACTER

- ___ Matthew 5:1-2
- ___ Proverbs 16:18 ___ 1 John 1
- ___ Luke 12
- ___ 1 Corinthians 10
- ___ Romans 6:12-19
- ___ Colossians 3:12-15
- ___ 2 Chronicles 7:14

Week 13

TEMPTATION

- ___ Luke 10
- ___ 1 Peter 5
- ___ Ephesians 6:10-20
- ___ Micah 7
- ___ 2 Corinthians 4:18
- ___ Ephesians 6:11,12
- ___ Romans 12:2

Week 14

HOPE

- ___ Psalm 94:12-19
- ___ Psalm 95
- ___ 1 Kings 3
- ___ Psalm 63
- ___ Psalm 59
- ___ James 1:2-4
- ___ 1 Samuel 17:31-47

Week 15

LOVE

- ___ Philippians 2
- ___ Psalm 136
- ___ Psalm 100
- ___ Ephesians 5
- ___ 1 Cor. 13
- ___ John 21:15-19
- ___ Galatians 5:22-25

Week 17

ADVENTURE

- ___ Psalm 37
- ___ 1 Thes. 1-3
- ___ Psalm 51
- ___ James 1:22,23
- ___ Revelation 3:15,16
- ___ Matthew 14:25-33

Week 18

BEING HAPPY

- ___ Philippians 1
- ___ Malachi 1
- ___ Psalm 1
- ___ Ezekiel 15
- ___ Matthew 5:10
- ___ Luke 12:22-31
- ___ Romans 15:1-6
- ___ 2 Timothy 4:9-18

Week 19

PROMISES

- ___ Psalm 118
- ___ Daniel 7-9
- ___ Deut. 31
- ___ Psalm 23
- ___ Romans 8:38,39
- ___ 2 Cor. 12:9,10
- ___ Psalm 37:1-9

Week 20

FAITHFULNESS

- ___ Esther 1-9

Week 21

BEING A CHRISTIAN

- ___ Ephesians 4
- ___ Matthew 10
- ___ Proverbs 25
- ___ Micah 6
- ___ Proverbs 14
- ___ Galatians 6:1-8
- ___ Matthew 25:31-46

Week 23

MAKING DECISIONS

- ___ Luke 14
- ___ Matthew 4
- ___ Mark 8
- ___ Matthew 16
- ___ 2 Corinthians 7:1
- ___ 1 Peter 1:13-16
- ___ 1 Thess. 4:3-8

Week 24

BEING AN EXAMPLE

- ___ Mark 10:32-45
- ___ Acts 10
- ___ Galatians 8:1-8
- ___ Luke 23
- ___ 1 John 2
- ___ 2 Peter 1-3
- ___ Galatians 6:1-8
- ___ Hebrews 12:14

Week 25

LIFE WITH GOD

- ___ Hebrews 12
- ___ John 3
- ___ Revelation 21
- ___ Leviticus 19
- ___ 1 Peter 1
- ___ Proverbs 16:17
- ___ Titus 2:11-14
- ___ Hebrews 5:12-14

Week 26

OBEDIENCE

- ___ Romans 12
- ___ Matthew 6:1-25
- ___ Isaiah 14:14-32
- ___ Jonah 1-4

SECTIONS COMPLETED	
	Date Instructor
<input type="checkbox"/>	I. _____ (Required)
<input type="checkbox"/>	II. _____ (Required)
<input type="checkbox"/>	III. _____ (Required)

Spiritual Discovery

Requirements: Do Sections I and select either II or III for the standard class requirements (Voyager).
Do Sections I, II and III for the advanced class requirements (Frontier Voyager).

I. Scripture (Required)

A. Memorise a Bible text in each of the following categories:

I. Great Passages

- ___ Jeremiah 15:16
- ___ 1 Timothy 2:15
- ___ Genesis 2:2,3
- ___ Option _____

III. Doctrine

- ___ Hebrews 11:3
- ___ Revelation 14:6-14
- ___ John 6:40
- ___ Revelation 21:1-4
- ___ Exodus 20:8-11
- ___ Option _____

V. Relationships

- ___ 1 Corinthians 13
- ___ Hebrews 10:24-25
- ___ Galatians 6:1,2
- ___ Matthew 11:28-30
- ___ Option _____

VII. Promise/Praise

- ___ Romans 8:28
- ___ Psalm 103:1-5
- ___ Psalm 15:1,2
- ___ Matthew 24:44
- ___ Psalm 91:1-6
- ___ Option _____

II. Salvation

- ___ Matthew 11:28-30
- ___ John 17:3
- ___ John 15:5,7
- ___ Matthew 10:32,33
- ___ Matthew 4:19
- ___ Option _____

IV. Prayer

- ___ Mark 11:25
- ___ 1 John 5:14,15
- ___ Matthew 21:22
- ___ Option _____

VI. Behaviour

- ___ Galatians 5:22,23
- ___ Micah 6:8
- ___ Isaiah 58:13
- ___ Matthew 5:8
- ___ Option _____

B. List 6 major events of Christ's life in the Gospel of Mark as compared to Matthew, OR describe the early process of copying the Bible and the early translations.

Report: _____

II. Church Heritage (Optional)

A. Read about J.N. Andrews. Discuss the importance of mission service to the church at that time in history and why Christ gave the great commission (Matt. 28: 18 - 20) and its importance to the church today, OR fulfill other options in the *Instructor's Manual*.

Report: _____

Requirements: Select two of the three sections for the standard class requirements (Voyager).
Do Sections I, II and III for the advanced class requirements (Frontier's Voyager).

I. One to One (Optional)

- A. Make a personal visit to a non-SDA young person, and share 5 things Jesus has done for you, and follow it up by introducing another Christian friend to help nurture spiritual interest.**

Report: _____

II. Group Witness

- A. Participate for 8 hours in an outreach programme.**

Report: _____

III. Community Outreach (Optional)

- A. Spend a minimum of 3 hours with a Pastor or Associate Pastor, observing him or her in their pastoral duties.

Report: _____

SECTIONS COMPLETED		
	Date	Instructor
<input type="checkbox"/>	I. _____	_____ (Optional)
<input type="checkbox"/>	II. _____	_____ (Optional)
<input type="checkbox"/>	III. _____	_____ (Optional)

III. Good Citizenship (Optional)

- A. Diagram the structure of your city government.

SECTIONS COMPLETED			
<input type="checkbox"/>	Date	Instructor	
<input type="checkbox"/>	I. _____	_____	(Optional)
<input type="checkbox"/>	II. _____	_____	(Optional)
<input type="checkbox"/>	III. _____	_____	(Optional)

Health and Fitness

Requirements: Select two of the three sections for the standard class requirements (Voyager).
Do Sections I, II and III for the advanced class requirements (Frontier Voyager).

I. Health Principles (Optional)

A. Prepare and present a written or oral report on what the Bible says about vegetarianism vs. meat eating, and list the advantages of each as indicated by modern studies.

Report: _____

B. Assist in a “Health Screen and Lifestyle” outreach programme, OR interview a respiratory therapist or cardiologist regarding the benefits of exercise. Explain the treadmill test.

Report: _____

II. First Aid / Safety (Optional for Voyager)
A. Complete the CPR Honour.

“CPR” (Cardiopulmonary Resuscitation) Honour Requirement

- _____ 1. Know and understand the location and function of the heart and lungs.
- _____ 2. Define CPR and tell five conditions under which it would be used.
- _____ 3. Successfully complete a class sponsored by either the Heart Association, Red Cross, or an equivalent under a certified instructor for one-person CPR. This must be done within the last 12 months.
- _____ 4. Understand Prudent Heart Living. List 5 things a person can do to maintain a healthy heart.
- _____ 5. Develop, maintain, and keep a record of a personalised programme in exercise, health and diet habits for one month.
- _____ 6. What is the significance of the colours used on the honour token for this class?

Honour Completed

Date: _____ Instructor: _____

- B. Study and practice “Disaster Safety”.**

Disaster Safety Awareness

A variety of disasters might happen in a given location. Knowing courses of action to be taken is essential.

Adjusting to local environment disturbances has been the task of mankind since sin entered the earth. Everyone should be aware of the real possibility of severe weather or accident and what steps to take.

Determine the natural disaster most likely to happen in the area you live in. Devise or find a disaster plan which includes groups and agencies that would assist in each of the following needs: food, shelter, clothing, water and sanitation, clean-up, and rebuilding. Draw a flow chart or schematic showing the above needs with the steps taken to solve the disaster problems.

There are 3 levels of severity of tornados. Draw and fully describe the characteristics of each. Include either the rate of incidence locally, statewide, or nationality for the 3 levels.

B. Complete one of the fitness tests for your age:

- President's Physical Fitness
- Canadian Fitness
- Health-related Physical Fitness (For the Physically Disabled).

See your instructor for requirements.

Set goals and improve. _____

SECTIONS COMPLETED			
		Date	Instructor
<input type="checkbox"/>	I.	_____	_____ (Optional)
<input type="checkbox"/>	II.	_____	_____ (Optional)
<input type="checkbox"/>	III.	_____	_____ (Optional)

Youth Organisation

Requirements: Select two of the three sections for the standard class requirements (Voyager).
 Do Sections I, II and III for the advanced class requirements (Frontier Voyager).

I. Leadership (Optional)

A. Plan and lead out in a Pathfinder Club or Sabbath School activity.

Activity: _____ Date: _____

B. Plan and teach two requirements in each of the following honours:



Camping Skills I
Camping Skills II

CAMPING SKILLS I

Circle the requirements you have taught.

1. Be at least in the 5th grade.
2. Understand and practice wilderness camping etiquette, regarding preservation of the outdoors.
3. Know eight things to do when lost.
4. Be familiar with various types of sleeping equipment suitable to location and season.
5. List personal items needed for a weekend campout.
6. Plan and participate in a weekend camping trip.
7. Know how to properly pitch and strike a tent. Observe fire precautions when tent is in use.
8. Know and practice the proper principles for camp sanitation for both primitive and established camp sights.
9. Properly use a knife and hatchet (axe). Know 10 safety rules for their use.
10. Fires:
 - a. Demonstrate ability to choose and prepare a fire sight.
 - b. Know fire safety precautions.
 - c. Know how to properly strike a match.
 - d. Practice building a fire with the use of one match, using only natural materials.
 - e. Demonstrate how to protect firewood in wet weather.
11. Bake bread on a stick.
12. Describe the proper procedures for washing and keeping clean the cooking and eating utensils.
13. Describe sleeping wear and how to stay warm at night.
14. Draw a spiritual object lesson from nature on your camping trip.
15. Explain and practice the motto: "Take only pictures and leave only footprints".

CAMPING SKILLS II

Circle the requirements you have taught.

1. Be at least in the 6th grade.
2. Develop a personal philosophy of outdoor etiquette, such as courtesy to other campers and outdoor conservation.
3. Know and understand the following six 'W's for the selection of a good camp sight:
Wind, Water, Wild things, Wood, Weather, Willingness.
4. Demonstrate your ability to protect the wilderness and your water source by proper personal hygiene and cooking sanitation.
5. Participate in a weekend campout.
6. Take part in a camp worship service to include one of the following: Sabbath School lesson study, Story, Worship thought, Leading song service.
7. Know how to safely light and use a camp stove and lantern.
8. Know safety rules and demonstrate your ability to properly cut firewood. Demonstrate how to break dead wood properly.
9. Using fuzz sticks or shaved sticks, build and know the use of a council or crisscross fire and one type of cooking fire. Review fire building safety rules.
10. Explain two ways to keep camp food cool.
11. Build two different camp cranes.
12. Prepare camp meals using boiling, frying, and baking.
13. Demonstrate tent site selection. Properly pitch and strike a tent. What precautions should be taken when striking a wet tent? Properly clean, dry, and store a tent.
14. Bedding:
 - a. Show proper ways to stuff or roll your sleeping bag or bedroll for travel.
 - b. Tell how to keep a sleeping bag or bedroll dry on a camping trip.
 - c. Describe how to properly clean your sleeping bag or bedroll.

II. Club Awareness (Optional)

- A. Discuss with your club staff the club-church involvement in the total Pathfinder Club programme, OR for AY Societies, invite a Pathfinder person to speak to your group.**

Report: _____

III. Pathfinder Programming (Optional)

- A. Plan, participate in, and evaluate your church participation in the following:**

- _____ 1. Induction
- _____ 2. Club Meeting
- _____ 3. Pathfinder Sabbath
- _____ 4. Investiture Service
- _____ 5. Yearly Scheduling
- _____ 6. Club Campout

Report: _____

- B. Complete requirements 2, 3 and 6 of the Advanced Drilling and Marching honour.**

Requirement #2. With a unit guidon demonstrate the following basic positions:

- a. Order Guidon
- b. Carry Guidon
- c. Salute at Order
- d. Salute at Carry
- e. Present Guidon
- f. Raise Guidon

Requirement #3. Demonstrate how and when to use the guidon's basic position during all drill commands.

Requirement #6. As a member of a drill team do 4 fancy (precision) drill routines, at least one of which includes combination commands.

SECTIONS COMPLETED		
	Date	Instructor
<input type="checkbox"/>	I. _____	_____ (Optional)
<input type="checkbox"/>	II. _____	_____ (Optional)
<input type="checkbox"/>	III. _____	_____ (Optional)

Outdoor Living

Requirements: Do Sections I or II for the standard class requirements (Voyager).
Do Sections I and II for the advanced class requirements (Frontier Voyager).

I. Outdoor Skills (Optional)

A. Earn the Knot Tying honour. Knot Tying Honour Requirement



- ___ 1. Define the following terms:
- | | | |
|-----------------------|-----------------------|-----------------|
| ___ a. Bight | ___ e. Overhand Loop | ___ i. Splice |
| ___ b. Running End | ___ f. Standing Point | ___ j. Whipping |
| ___ c. Turn | ___ g. Bend | |
| ___ d. Underhand Loop | ___ h. Hitch | |
- ___ 2. Know how to care for rope.
- ___ 3. Describe the difference between laid rope and braided rope and list 3 uses of each.
- ___ 4. Identify the following types of rope:
- | | |
|---------------|----------------------|
| ___ a. Manila | ___ c. Sisal |
| ___ b. Nylon | ___ d. Polypropylene |
- ___ 5. What are some advantages and disadvantages of synthetic rope?
- ___ 6. Do the following rope:
- | |
|---|
| ___ a. Splice |
| ___ b. Eye Splice |
| ___ c. Back Splice |
| ___ d. Double Crown, whipping, or Matthew Walker's Knot |
- ___ 7. Make a 6-foot piece of double-strand twisted rope from native materials or twine..
- ___ 8. From memory tie at least 20 of the following knots and know their common uses and limitations.
Demonstrate how they are used.
- | | | |
|----------------------------|-------------------------|------------------------|
| ___ Anchor Bend | ___ Figure Eight | ___ Sheepshank |
| ___ Bowline | ___ Fisherman's Bend | ___ Sheet Bend |
| ___ Bowline on a bight | ___ Fisherman's Loop | ___ Slip Knot |
| ___ Butterfly loop knot or | ___ Halter hitch | ___ Slipped half hitch |
| ___ Alpine butterfly knot | ___ Hunter's Bend | ___ Slipped sheet bend |
| ___ Carrick Bend | ___ Lariat or Bowstring | ___ Square knot |
| ___ Cat's Paw | ___ Lark's Head | ___ Stevedore's knot |
| ___ Clove Hitch | ___ Man Harness knot | ___ Strangle knot |
| ___ Constrictor knot | ___ Miller's knot | ___ Surgeon's's knot |
| ___ Crown knot | ___ Packer's knot | ___ Tautline hitch |
| ___ Double bow | ___ Pipe hitch | ___ Timber hitch |
| ___ Double sheet bend | ___ Prusik knot | ___ Two half hitches |

B. Learn or review the Wilderness Safety rules.

Wilderness Safety

A. First Aid

- Why should everyone participating in a wilderness experience have knowledge of first aid and a first aid kit?
 - Knowledge of treatment alerts to prevention.
 - Unplanned, unexpected isolation requires self-contained independence.
 - Who solves the problem when the person with the "knowledge" becomes the problem?
- What must be considered when assembling an adequate first aid kit for the experience planned?
 - Proximity to or isolation from further medical aid.
 - Length of experience and degree of difficulty of activities, terrain, etc.
 - Location an condition of water sources.
 - Potential hazards to be encountered, such as snakes, poison plants, insects etc.
 - Equipment being taken, such as knives, axes, saws, machetes, stoves.
- Weather.
- Physical condition of participants and their feet.
- Medical history of participants..

B. Hiking

- Why can't we just wear whatever we like?
 - Consider the weather where you will be, not where you are now.
 - Sunburn spoils the fun fast.
 - Wool keeps you warm, whereas cotton kills..
 - There is no laundry out there for a quick wash/dry/change.
 - If you're using a backpack your body and your feet aren't accustomed to the added weight and pressure. This must be compensated for with footwear and temperature-controlled clothing.

2. What other rules might need consideration?
 - a. Permits for private land.
 - b. Railroad tracks and trestle bridges.
 - c. Take nothing but pictures; leave nothing but footprints; kill nothing but time.
 - d. Rest stops.

C. Food

1. What's your food source?
 - a. Fresh food market: Don't plan on using fresh food beyond the first night or the following a.m. They spoil very quickly in a stuffed backpack. Some will be spoiled by the time you arrive at the trailhead.
 - b. Cans, jars, plastic boxes, etc: Remember - what goes in full comes out empty. Empty cans make a messy pack. Jars break, boxes leak. Extra packaging and liquid in the contents add a lot of weight.
 - c. Plastic bags, pouches etc: Best choice, even for short trips, because you get used to working with them quickly. They are lightweight, and leftover containers carry out easily with no mess or fuss. They are also quite cheap at the grocery store. (Specialised products from catalogues are nice but expensive.)
 - d. Wild foods picked on the trail: Know what you plan to use and where it fits in the menu beforehand. If you want to go and then decide, you better have a very good field guide along a and a willingness to go hungry or not be very picky.

II. Outdoor Activity (Optional)

- A. Earn one of the following honours:**

Backpacking Outdoor Leadership Winter Camping
 Pioneering Wilderness Living

Backpacking Honour Requirement

1. Discuss with your instructor the meaning of the motto: "Take nothing but pictures and leave nothing but footprints".
2. Know the essentials of proper clothing, shoes, and rain gear to use in backpacking.
3. Know the principles in selecting a good quality backpack. In an emergency, what might be used in place of a backpack?
4. Know the essential items to be taken on a backpack trip.
5. What kind of sleeping bag and pad are best for your camping area? Know at least 3 kinds of each that are available.
6. Know how to pack a pack properly.
7. What types of food are best for backpacking? Visit a grocery store and list the foods found there that are suitable for backpacking. With your instructor:
 - a. Prepare a menu for a weekend backpack trip using foods obtained from your grocery store.
 - b. Learn the techniques of measuring, packaging, and labelling backpack foods for your trip.
 - c. Make a trail snack..
8. Know the prevention and symptoms of, and the first aid for:

a. Sunburn	d. Hypothermia	g. Snake bite
b. Blisters	e. Heat stroke	h. Cramps
c. Frostbite	f. Heat exhaustion	i. Dehydration

 Have a first aid kit in your pack and know how to use it.
9. According to your weight, what is the maximum number of pounds you should be allowed to carry?
10. Know three and demonstrate two ways to find direction without a compass.
11. Show the proper way to put on and take off a backpack alone and with a partner.
12. Participate in a weekend backpack trip of at least 3 miles and cook your own meals.

Honour Completed

Date: _____ Instructor: _____

D. Decision Time

Before you go, make these decisions:

1. Who makes the major decisions on the trail? The leader, a group of three or more, just anyone, to be determined when the need arises.
2. What is the experience background of the decision makers? How often have they tackled a trip like this before? How tuned are they to the needs of the weakest member of the group? How immovable are they in their priorities?

Times to consider major decisions concerning the safety and well-being of the group:

1. When adverse, unplanned-for weather hits.
2. An emergency arises requiring evacuation of one or more group members.
3. Major damage or loss of food supply or equipment.
4. Morale change due to difficulty of activity exceeding expectations of group.
5. Leader / guide becomes incapable of continuing in role as primary decision maker.

Pioneering Honour Requirement

- ___ 1. Describe in writing or with pictures how the early pioneers met the following basic living needs:
 - ___ a. Housing and furnishings
 - ___ b. Warmth and light
 - ___ c. Tools and handiwork
 - ___ d. Transportation
 - ___ e. Clothing
 - ___ f. Food
 - ___ g. Cooking
 - ___ h. Sanitation
- ___ 2. Construct a piece of useful furniture by lashing. Learn the following lashings:
 - ___ a. Square
 - ___ b. Diagonal
 - ___ c. Sheer
 - ___ d. Continuous
- ___ 3. Do one of the following:
 - ___ a. Weave a basket, using natural materials.
 - ___ b. Make a pair of leather moccasins.
 - ___ c. Make a lady's bonnet by hand sewing.
 - ___ d. Make a simple toy used by pioneers.
- ___ 4. Know how to make flour from at least one wild plant, for use in baking..
- ___ 5. Using natural materials, build a fire without matches. Keep the fire going for 5 minutes. You may use the following to start your fire:
 - ___ a. Flint and steel
 - ___ b. Friction
 - ___ c. Electric spark
 - ___ d. Curved glass
 - ___ e. Metal match
 - ___ f. Compressed air
- ___ 6. Show axemanship knowledge in the following::
 - ___ a. Describe the best type of axes.
 - ___ b. Show how to sharpen an axe properly..
 - ___ c. Know and practice safety rules in the use of an axe.
 - ___ d. Know the proper way to use an axe..
 - ___ e. Properly cut a log, at least 8 inches thick, in two.
 - ___ f. Properly split wood that is at least 8 inches in diameter and one foot long..
- ___ 7. Do two of the following::
 - ___ a. Make a wax candle or other form of pioneer light source.
 - ___ b. Make a batch of soap.
 - ___ c. Milk a cow.
 - ___ d. Make butter.
 - ___ e. Make a quill pen and write with it.
 - ___ f. Make a corn husk doll.
 - ___ g. Assist in making a quilt.
- ___ 8. Explain the need for proper sanitation relating to solid and human waste, and the washing of body, clothes, and dishes.
- ___ 9. Assist in the construction of a 10-foot long log or rope bridge, using lashings..
- ___ 10. Know 4 ways to keep the wilderness beautiful.
- ___ 11. Know 5 home remedies from wild plants and explain their uses.
- ___ 12. Do two of the following:
 - ___ a. Make a 10-foot rope from natural material or twine.
 - ___ b. Tie 10 knots useful to the pioneer and tell how they were used..
 - ___ c. Using rope and natural materials, make one device for moving heavy objects.
 - ___ d. Construct an adequate and comfortable latrine.
- ___ 13. Do one of the following:
 - ___ a. Assist in constructing a raft, using lashings. Take a 5-mile trip on a river with this raft.
 - ___ b. With an experienced wrangler, participate in a 2-day, 15-mile horseback trip, carrying all needed supplies on a pack horse you have learned to pack.
 - ___ c. With an experienced leader, participate in a 2-day, 15-mile canoe trip, carrying all needed supplies properly. A short portage should be done.
 - ___ d. With an experienced leader, participate in a 2-day, 15-mile backpack trip, carrying all needed supplies.

Honour Completed

Date: _____

Instructor: _____

Outdoor Leadership

- ___ 1. Earn 4 of the following honours. Any earned more than 2 years ago should be restudied so that you can answer any of the knowledge questions.
- | | |
|--------------------------|-------------------------------------|
| ___ a. Camping Skills IV | ___ e. Backpacking |
| ___ b. Orienteering | ___ f. Fire Building & Camp Cookery |
| ___ c. Winter Camping | ___ g. Pioneering |
| ___ d. Hiking | |
- ___ 2. Have the First Aid Honour.
- ___ 3. Know what to do to overcome fear when lost. Know at least 4 ways to signal for help if lost in the wilderness.
- ___ 4. Know at least 4 secular activities and 4 Sabbath activities to use in an outdoor setting if you have a rainy day.
- ___ 5. Do the following in an outdoor setting:
- | |
|---|
| ___ a. Plan, organise, and do the teaching of one nature honour to a group of youth. |
| ___ b. Assist in teaching camping skills required in any camping honour and/or AY Class requirements to a group of youth. |
| ___ c. Determine where the nearest hospital is located. |
| ___ d. Determine where the nearest assistance from the police or a park ranger can be obtained. |
- ___ 6. Through Bible and/or Spirit of Prophecy study, learn how the outdoors influenced the following bible characters:
- | | |
|---------------|-------------------------|
| ___ a. Moses | ___ d. John the Baptist |
| ___ b. David | ___ e. Jesus |
| ___ c. Elijah | |
- ___ 7. Know what considerations should be given in an outdoor setting with a group of youth in the following areas:
- | | |
|-----------------------|----------------------------------|
| ___ a. Camping Safety | ___ d. Swimming Safety Rules |
| ___ b. Fire Safety | ___ e. Rules for Conduct |
| ___ c. Sanitation | ___ f. Proper Sabbath observance |
- ___ 8. List at least 6 ways you can keep the out-of-doors beautiful for others to enjoy.
- ___ 9. Know at least 10 qualities of a good youth leader.

Honour Completed

Date: _____ Instructor: _____

Winter Camping Honour Requirement

- ___ 1. Earn the Camp Craft honour.
- ___ 2. Make up a complete list of necessary camping equipment for winter conditions such as possible sub-zero temperatures, storms, and snow.
- ___ 3. Explain the principles of maintaining body warmth and dryness through the proper use of clothing and sleeping gear under all temperatures down to zero while travelling, resting and sleeping..
- ___ 4. List and explain the characteristics of winter camp sight selection.
- ___ 5. Describe, or show where possible, the preparation of a level tent sight in snow an pitch a tent in winter conditions.
- ___ 6. Prepare a balanced three-day menu to be used in your winter camping experience.
- ___ 7. Know how to get water from snow.
- ___ 8. Know 5 safety rules for winter camping.
- ___ 9. Explain the proper steps to take if stranded without equipment in winter conditions.
- ___ 10. Show knowledge of and ability to prevent, recognise and care for mild frostbite, hypothermia, mild snowblindness and dehydration.
- ___ 11. Spend a total of six days and nights in cold weather camping.
- | |
|--|
| ___ a. All nights should have temperature lows in the 40's. |
| ___ b. Two nights should have temperature lows below freezing. |
| ___ c. All nights should be spent in tents, tarps, or in the open. |

Honour Completed

Date: _____ Instructor: _____

Wilderness Living Honour Requirement

- ___ 1. Go on at least two weekend campouts during which you learn the skills called for in this honour.
- ___ 2. Tell 5 things to do if lost in the wilderness. Know three methods of determining directions without a compass.
- ___ 3. Demonstrate:
 - ___ a. 3 ways to purify water.
 - ___ b. two methods of judging the height of a tree and the width of a stream.
- ___ 4. Know three ways to collect drinking water in the wilderness and demonstrate two of these methods.
- ___ 5. Identify four wild animal or bird tracks.
- ___ 6. Using a compass, follow a course for more than 100 yards with three different headings and less than 5% error.
- ___ 7. Identify in the wild, prepare, and eat 10 varieties of wild plants.
- ___ 8. Have a personal survival kit of 15 items.
- ___ 9. Explain the necessity in wilderness living of adequate sleep, proper diet, personal hygiene, and proper exercise.
- ___ 10. Have the First Aid honour. In addition, know the prevention, symptoms and the first aid treatment for the following:

___ a. hypothermia	___ e. poison ivy and poison oak
___ b. venomous snake bite	___ f. Open wound infection
___ c. heat and sun stroke	___ g. altitude sickness
___ d. heat exhaustion	___ h. dehydration
- ___ 11. Demonstrate two ways to signal for help.
- ___ 12. Demonstrate the principles of stalking and concealment.
- ___ 13. Explain how to prepare and provide shelter on the following:

___ a. snow slopes	___ c. rocky areas
___ b. swamps and marshes	___ d. forests and tundra
- ___ 14. Prepare a balanced menu for two people for a weekend. Prepare these meals while on a campout over an open fire or camp stove.
- ___ 15. Know ways to observe wilderness etiquette and how you can contribute to wilderness conservation.
- ___ 16. Demonstrate how to tie the following knots and know their uses:

___ a. Bowline	___ f. Prusik
___ b. Bowline on a bight	___ g. Tautline hitch
___ c. Clove hitch	___ h. Two half hitches
___ d. Double Fisherman's	___ i. Square
___ e. Figure Eight	

Honour Completed

Date: _____ Instructor: _____

SECTIONS COMPLETED

- | | Date | Instructor | |
|--------------------------|-----------|------------|------------|
| <input type="checkbox"/> | I. _____ | _____ | (Optional) |
| <input type="checkbox"/> | II. _____ | _____ | (Optional) |

Honour Enrichment

Requirements: This track is not required for the standard class requirements (Voyager).
Do Sections I and II for the advanced class requirements (Frontier Voyager).

I. Arts & Crafts / Hobbies / Household Arts (Optional)

- A. Complete one honour at your skill level, not previously earned, in the area of art, craft, hobby or household skills.** (See *AY Honour Handbook* for requirement helps).

Arts / Crafts / Hobbies <input type="checkbox"/> Adv. Braiding <input type="checkbox"/> Adv. Computers <input type="checkbox"/> Adv. Copper Enamelling <input type="checkbox"/> Adv. Crocheting <input type="checkbox"/> Adv. Indian Lore <input type="checkbox"/> Adv. Knitting <input type="checkbox"/> Adv. Leatherwork <input type="checkbox"/> Adv. Model Rocketry <input type="checkbox"/> Adv. Silkscreen Printing	<input type="checkbox"/> Adv. Soap Craft <input type="checkbox"/> Basketry <input type="checkbox"/> Block Printing <input type="checkbox"/> Cake Decorating <input type="checkbox"/> Ceramics <input type="checkbox"/> Coins <input type="checkbox"/> Counted Cross Stitch <input type="checkbox"/> Crocheting <input type="checkbox"/> Decoupage <input type="checkbox"/> Drawing & Painting	<input type="checkbox"/> Flower Arrangement <input type="checkbox"/> Knitting <input type="checkbox"/> Lapidary <input type="checkbox"/> Lettering/Poster Making <input type="checkbox"/> Metal Craft <input type="checkbox"/> Model Boats <input type="checkbox"/> Music <input type="checkbox"/> Needle Craft <input type="checkbox"/> Photography	<input type="checkbox"/> Plastics <input type="checkbox"/> Pottery <input type="checkbox"/> Sculpturing <input type="checkbox"/> Silk Screen Print <input type="checkbox"/> Stamps <input type="checkbox"/> Textile Painting <input type="checkbox"/> Wood Carving <input type="checkbox"/> Wood Handicraft
Household Arts <input type="checkbox"/> Adv. Cooking <input type="checkbox"/> Adv. Dressmaking	<input type="checkbox"/> Adv. Nutrition <input type="checkbox"/> Food Drying <input type="checkbox"/> Food Freezing	<input type="checkbox"/> Housekeeping <input type="checkbox"/> Nutrition <input type="checkbox"/> Preserving/Canning	<input type="checkbox"/> Quilting <input type="checkbox"/> Tailoring

II. Recreational / Outdoor Industries / Vocational (Optional)

- A. Complete one honour at your skill level, not previously earned, in the area of recreational skills, vocational studies or outdoor industries.** (See *AY Honour Handbook* for requirement helps.)

Recreational

<input type="checkbox"/> Adv. Archery <input type="checkbox"/> Adv. Caving <input type="checkbox"/> Adv. Cycling <input type="checkbox"/> Adv. Drilling & Marching <input type="checkbox"/> Adv. Outdoor Leadership <input type="checkbox"/> Adv. Rock Climbing <input type="checkbox"/> Adv. Scuba Diving <input type="checkbox"/> Adv. Sen. Life Saving	<input type="checkbox"/> Adv. Swimming <input type="checkbox"/> Backpacking <input type="checkbox"/> Camp Cookery <input type="checkbox"/> Canoeing <input type="checkbox"/> Caving <input type="checkbox"/> Fire Building & Outdoor Leadership <input type="checkbox"/> Knot Tying	<input type="checkbox"/> Life Saving <input type="checkbox"/> Navigation <input type="checkbox"/> Orienteering <input type="checkbox"/> Physical Fitness <input type="checkbox"/> Pioneering <input type="checkbox"/> Power Boating <input type="checkbox"/> Rock Climbing <input type="checkbox"/> Rowing <input type="checkbox"/> Sailing <input type="checkbox"/> Scuba Diving	<input type="checkbox"/> Skin Diving <input type="checkbox"/> Springboard Diving <input type="checkbox"/> Swimming <input type="checkbox"/> Tumbling & Balancing <input type="checkbox"/> Waterskiing <input type="checkbox"/> Wilderness Leadersh. <input type="checkbox"/> Wilderness Living <input type="checkbox"/> Wind Surfing <input type="checkbox"/> Winter Camping
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Vocational

<input type="checkbox"/> Adv. Auto Mechanics <input type="checkbox"/> Adv. Communications <input type="checkbox"/> Auto Mechanics <input type="checkbox"/> Bible Evangelism <input type="checkbox"/> Bookkeeping	<input type="checkbox"/> Carpentry <input type="checkbox"/> Christian Salesmanship <input type="checkbox"/> Communications <input type="checkbox"/> Electricity	<input type="checkbox"/> Health & Healing <input type="checkbox"/> Journalism <input type="checkbox"/> Printing <input type="checkbox"/> Radio Electronics <input type="checkbox"/> Radio	<input type="checkbox"/> Small Engines <input type="checkbox"/> Teaching <input type="checkbox"/> Typing <input type="checkbox"/> Welding <input type="checkbox"/> Woodworking
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Outdoor Industry

<input type="checkbox"/> Accounting <input type="checkbox"/> Agriculture <input type="checkbox"/> Beekeeping <input type="checkbox"/> Book Binding <input type="checkbox"/> Cattle Husbandry	<input type="checkbox"/> Dairying <input type="checkbox"/> Fruit Growing <input type="checkbox"/> Goat Husbandry <input type="checkbox"/> Hairdressing <input type="checkbox"/> House painting	<input type="checkbox"/> Masonry <input type="checkbox"/> Paper Hanging <input type="checkbox"/> Pigeon Raising <input type="checkbox"/> Plumbing <input type="checkbox"/> Poultry Raising	<input type="checkbox"/> Shoe Repair <input type="checkbox"/> Shorthand <input type="checkbox"/> Small Fruit Growing
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- B. Earn the Beginner's Swimming Honour, if not previously earned.**

SECTIONS COMPLETED	
	Date Instructor
<input type="checkbox"/>	I. _____ (Optional)
<input type="checkbox"/>	II. _____ (Optional)

